

DEPARTMENT: Enriched Living Center

POSITION: **Counselor - Intern**

SUPERVISOR / REPORTS TO: Senior Staff member of the Enriched Living Center

INTERNSHIP SITE: The Enriched Living Center is a 52-bed, long-term residence for people with a diagnosis of mental illness.

**DUTIES:**

- Promote, model and teach acceptable behaviors to the residents.
- Teach the residents health and life related skills such as personal hygiene, laundering, and social skills and community integration.
- Assist with electronic documentation, e.g. progress notes, community assessments.
- Use a computer, e.g. Microsoft Word/Excel, Electronic Medical Record.
- Complete data collection of resident/program related information.
- Communicate effectively with service providers and community resources.
- Assist with facilitation of resident groups/activities for skill development.

**COMPETENCIES:**

- Demonstrate a compassionate, caring demeanor.
- Display a professional appearance.
- Display professional behavior and attitude.
- Demonstrate the ability to communicate effectively, verbally and in writing.
- Demonstrate basic computer competency.
- Display the ability to set appropriate boundaries with residents.
- Demonstrate ability to work independently and as part of a team.
- Comply with all confidentiality requirements of the internship site.

**INTERNSHIP GOALS:**

- Verbalize a working knowledge base of Residential options available both past and present to individuals living with a mental disability.
- Verbalize an understanding of an interdisciplinary team approach and how each part of this team functions to serve residents.
- Verbalize and demonstrate a working knowledge base of effective counseling techniques and managing problem behaviors using a psychiatric rehabilitation model.
- Verbalize and demonstrate a working knowledge base of behavioral writing for goal planning, progress note writing, and monthly summary writing, using a psychiatric rehabilitation model.
- Identify 2 symptoms of schizophrenia and other mental disorders that affect the daily lives of the residents.
- Differentiate between a thinking disorder and a mood disorder.
- Identify warning signs individuals have that signal the need for the attention of the staff or clinic.
- Identify three coping skills that are generic to the residential population.
- Identify/teach three elements of symptom management.