



Please help feed and clothe needy people at the
Rescue Mission of Utica!

THE FOLLOWING IS A LIST OF ITEMS NEEDED:

VEGETABLES AND FRUITS:

Dried Fruits
Canned Fruits
Canned Vegetables
Tomato / Spaghetti Sauce (please no glass jars)
Instant Potatoes
Vegetable or Fruit Juices

PROTEINS- MEAT, BEANS, & DAIRY:

Canned Tuna
Canned Chicken
Spam (other similar canned meats)
Canned Beef / Chicken Stews
Canned Raviolis / Chili w/ Meat
Dry Beans
Canned Beans
Peanut Butter
Powdered Milk

TOILETRIES:

Bar Soap
Combs
Disposable Razors
Deodorant
Shampoo & Creme Rinse
Shaving Cream
Socks
Tooth Brushes
Tooth Paste
Wash Cloths

GRAINS:

Rice
Pasta
Oatmeal (individual packages)
Hot Cereal (like Cream of Wheat)
Cold Cereal
Macaroni & Cheese
Ramen Noodles
Boxed Stuffing Mix
Pancake / Biscuit Mix

ADDITIONAL / EXTRA ITEMS:

Granola Bars
Trail Mix
Jelly / Jam (please no glass jars)
Brownie / Cake Mix
Other snacks

NEW CLOTHING:

Men's Hooded Sweatshirts - sizes L-3X
Men's T-Shirts sizes M - XXXL
Men's Underwear sizes M - XXXL
Men's and Women's Socks varied sizes
Women's Underwear sizes M - XXL

MISCELLANEOUS:

Paper Towel
Toilet Paper

THANK YOU! FOR CARING ABOUT THE NEEDS OF THE POOR AND HURTING.

You are helping to reach out and change lives. God bless you!



For more information, please contact XXX, Director of Development
at 315-735-1645 x 2115 or email XXX.XXX@uticamisson.org